



POUNDMAKER CREE NATION PANDEMIC COVID-19 PREPAREDNESS PLAN

Revised: March 17, 2020

The World Health Organization (WHO) declared the COVID-19 global pandemic on March 11, 2020.

The PCN had its first emergency information meeting at Veterans Hall on March 12, 2020 with staff from the Battle River Treaty Six Health (BRT6H) team present to educate and inform Band Members about the Coronavirus COVID-19 disease, the symptoms, prevention and planning ahead, communication and a shopping check list of food, hygiene, health care and cleaning products for homes.

Based on recent data the percentage of COVID-19 Infections that will be critical is about 3%. About 15% will be severe and 82% will be mild. Seniors over age 65, those with existing respiratory illness, diabetes, hypertension, chronic cardiovascular disease or have a low immune system are at the highest risk.

Prevention is the key. Stay healthy and clean and disinfect your home especially high touch areas. Be prepared and plan but avoid buying too much and put additional stress on the supply chain. Save some for your neighbour. Have a pandemic buddy and stay at home if you are sick and self-isolate yourself.

PCN has established a COVID-19 Pandemic Preparedness planning committee and has issued this first phase plan. As we get more updated information from credible sources this plan will be updated.

The COVID-19 Pandemic Preparedness planning committee will meet each Tuesday at 10:00 AM and by teleconference if necessary, for those who cannot join in person.

We will want to advise people to remain calm and remind them to wash their hands frequently. If they have any medical questions, contact **811**. However, there have been some concerns with people calling 811 (they are put on hold for over an hour).

Monitor and limit social media as much as possible to avoid false news and limit anxiety.

KEY MESSAGES

1. Stay calm
2. The C&C and the PCN Pandemic COVID-19 Preparedness Committee will be communicating and will be strategic in its decision-making
3. Get the right information from credible sources
4. Take precautions - practice good hygiene & social distancing

Communications

- Kailie Chickiness will be the point person at the Band office for maintain the official PCN Facebook Admin page. Isobelle Weenie also has a Facebook page and Milton Tootosis will post pertinent information on his Facebook Acimowin group.
- Lynda Tootosis, RN and Terri Favel (just completed U of S studies) are the Pandemic Coordinators for PCN

Health Services

- Business as usual
- A pandemic planning committee has been established with the BRT6H staff
- Assessment of all community buildings
- Immunization assessment of daycare children
- Hand cleaning and good hygiene education and training for all staff and students
- Health status of each home - colour coding
- Door to door notices will be distributed about proper hygiene and sanitation
- PCN has first aid/CPR/First Responders trained and ready
- If people need to go to the hospital/clinic phone ahead to give them advance notice so they can prepare for possible exposure.
- BRT6H will be hiring a Community Health Nurse for PCN. Bev Antoine is the Home Health Care Aide.

Community Safety Services

- The Community Safety Officers team will be stationed in the on reserve RCMP building temporarily
- The CSO's will be extra cautious in connecting with Band members and others and will practice social distancing and apply all safety precautionary measures to protect themselves

Food Supply to the main Reserve

- Kanatinak Store will be stocking up with basic groceries, meat, toiletries and cleaning products, etc.
- Kanatinak Store will be the focus point for essential product distribution on the main reserve
- P2 will be served by the store & meat shop there

Chief Poundmaker School

- Immediate closure until end of April, 2020
- Thorough cleaning and sanitization of the CPS
- Cancellation of off reserve field trips

- All afterschool programs postponed until further notice
- Weekly staff meetings for the dissemination of accurate information
- All sick children and staff must stay home

Transportation

- No bus services to CPS until further notice
- Medical taxi's and employment van will be kept clean and sanitized
- If drivers are sick, they must find an alternate healthy driver

Daycare

- Soap and hand sanitizers will be made available as quickly as possible and stocked up pending availability from suppliers
- Proper hand hygiene will be taught to all the children, staff and parents
- The facility will be cleaned and sanitized twice daily
- Sick children must be kept at home to avoid spreading of germs
- Immunization of all children not yet immunized
- The daycare will follow the CPS closure/re-opening schedule
- All toys will be disinfected and most will be stored away
- Stockpile food to minimize access travel off the reserve

Band Office Services

- Business as usual
- The C & C and staff will conduct as much business as possible by teleconference calling and social distancing
- Frequent cleaning and sanitization as per school, daycare, clinic
- Minimize visits to the Band Office
- All visitors will be asked to sign-in/out
- All visitors will be asked to make appointments and to avoid drop-in

Water Treatment Plant Operations

- Business as usual
- Back-up personal will be made available in case of sickness

Sanitation

- Band member are advised to dispose of all soiled tissue and toilet paper and other products used for cleaning in garbage bags
- Arrangements are being made for mass disposal

Housing

- Business as usual
- Frequent cleaning and sanitization as per the school, daycare, clinic

Emergency Care Packages

- There will be a priority system in place (elders, single parents, disabled, unemployed)

- Distribute essential supplies for the most vulnerable on the reserve and in the cities pending availability and the supply chain

Loitering

- No loitering in public places

Travel

- All unnecessary travel is strongly discouraged especially to highly infected regions.
- Report to the coordinating leaders if new visitors arrive

Gatherings

- Feasts, round dances, bingos will be discontinued until further notice. SIGA Casinos have been closed.

Museum

- Closed until further notice and will be cleaned regularly

Note: A Pandemic Plan and Post-Pandemic Plan is in progress

Resources to know

www.canada.ca/coronavirus
www.saskatchewan.ca/coronavirus
www.phac.info.aspc@canada.ca
www.saskatchewan.ca

Contacts

Saskatchewan Healthline	811
CutKnife RCMP	B: (306) 398-3500
CutKnife Fire Department	B: (306) 398-2363
PCN Pandemic Coordinator, Lynda Tootosis, RN	M: (306) 390-7881
PCN Pandemic Coordinator Ass't-Terri Favel	M: (306) 203-4498
Chief Duane Antoine	M: (306) 445-3506
Marvina Pete, Director of Operations	M: (306) 490-9359
Barb Tootosis, PCN Security	M: (306) 317-0062
Kanatinak Store-Vern Antoine	B: (306) 441-4218
Family Foods at Cut Knife-Mike W	B: (306) 398-2244
Bakery in Maidstone	
BRT6H	B: (306) 937-6700
Jayne Mannix, RN-BRT6H Home & Community Care Nurse for PCN	B: (306) 398-3506

Bev Antoine, Home Health Care Aide	M: (306) 446-7749
Lester Favel, Education/Battleford's Urban/P2	M: (306) 445-1313
Isobelle Weenie, Education	M: (306) 390-7929
Dee Ledoux, CPS-Mental Health Therapist	M: (587) 590-0888
Milton Tootosis, Saskatoon Urban	M: (306) 229-5221
Charm Pyakutch, Saskatoon Urban	M: (306) 291-1635
Lionel Tootosis, Saskatoon Urban	M: (306) 220-2601
Mavis Billesberger, Edmonton Urban	M: (780) 405-2892
Darwin Kasokeo, Sanitation	M: (306) 480-2773
Brandon Favel, Housing	M: (306) 480-4475